

# CHOICES OF SUCCESSFUL STUDENTS

Successful Students	Struggling Students
1. . . . accept <b>PERSONAL RESPONSIBILITY</b> , seeing themselves as the primary cause of their outcomes and experiences.	1. . . . see themselves as victims, believing that what happens to them is determined primarily by external forces such as fate, luck, and powerful others.
2. . . . discover <b>SELF-MOTIVATION</b> , finding purpose in their lives by discovering personally meaningful goals and dreams.	2. . . . have difficulty sustaining motivation, often feeling depressed, frustrated, and/or resentful about a lack of direction in their lives.
3. . . . master <b>SELF-MANAGEMENT</b> , consistently planning and taking purposeful actions in pursuit of their goals and dreams.	3. . . . seldom identify specific actions needed to accomplish a desired outcome. And when they do, they tend to procrastinate.
4. . . . employ <b>INTERDEPENDENCE</b> , building mutually supportive relationships that help them achieve their goals and dreams (while helping others do the same).	4. . . . are solitary, seldom requesting, even rejecting, offers of assistance from those who could help
5. . . . gain <b>SELF-AWARENESS</b> , consciously employing behaviors, beliefs, and attitudes that keep them on course.	5. . . . make important choices unconsciously, being directed by self-sabotaging habits and outdated life scripts.
6. . . . adopt <b>LIFELONG LEARNING</b> , finding valuable lessons and wisdom in nearly every experience they have.	6. . . . resist learning new ideas and skills, viewing learning as fearful or boring rather than as mental play.
7. . . . develop <b>EMOTIONAL INTELLIGENCE</b> , effectively managing their emotions in support of their goals and dreams.	7. . . . live at the mercy of strong emotions such as anger, depression, anxiety, or a need for instant gratification.
8. . . . <b>believe in themselves</b> , seeing themselves as capable, lovable, and unconditionally worthy human beings.	8. . . . doubt their competence and personal value, feeling inadequate to create their desired outcomes and experiences.

